

Name: _____

Date: _____

Class/Meeting Title: _____

**All meals include: 1 meat, 2 sides, Roll, Dessert and a Drink*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

- (Choose 1)
- Lemon Pepper Chicken On Rice
 - *Chicken Strips
 - Fried Chicken
 - Fried Pork Chops
 - Meatloaf
 - Liver & Onions on Rice
 - Baked Spaghetti

- (Choose 1)
- Baked Chicken & Dressing
 - Beef Tips on Rice
 - Chicken Parmesan
 - *Chicken Strips
 - Fried Chicken
 - Chicken & Dumplings
 - Smothered Pork Chops

- (Choose 1)
- Baked Chicken & Dressing
 - *Chicken Strips
 - Country Fried Steak
 - Fried Chicken
 - Fried Chicken Livers
 - Meatloaf

- (Choose 1)
- Lemon Pepper Chicken on Rice
 - Chicken & Dumplings
 - *Chicken Strips
 - Fried Chicken
 - Hamburger Steak
 - Lasagna

- (Choose 1)
- Baked Chicken & Dressing
 - Chicken Parmesan
 - Beef Stroganoff
 - *Chicken Strips
 - Fried Boneless Fish
 - Fried Chicken

- (Choose 2)
- Butter Beans
 - Creamed Potatoes
 - Turnips
 - *Garden Salad
 - Cabbage
 - Green Beans
 - Macaroni & Cheese
 - Potato Salad
 - Rice & Gravy
 - Squash Casserole

- (Choose 2)
- Candied Yams
 - Collards
 - Creamed Corn
 - Fried Okra
 - *Garden Salad
 - Green Beans
 - Macaroni & Cheese
 - Black Eye Peas
 - Potato Salad
 - Rice & Gravy
 - Dressing

- (Choose 2)
- Black Eye Peas
 - Turnips
 - Corn Fritters
 - Creamed Potatoes
 - *Garden Salad
 - Green Beans
 - Macaroni & Cheese
 - Potato Salad
 - Rutabagas
 - Broccoli Casserole
 - Dressing

- (Choose 2)
- Butter Beans
 - Collards
 - Stewed Squash
 - Fried Green Tomatoes
 - *Garden Salad
 - Green Beans
 - Macaroni & Cheese
 - Pineapple Casserole
 - Potato Salad
 - Rice & Gravy
 - Dressing

- (Choose 2)
- Baked Beans
 - Cabbage
 - Cole Slaw
 - Corn Fritters
 - *Garden Salad
 - Green Beans
 - Macaroni & Cheese
 - Potato Salad
 - Squash Casserole
 - Cheese Grits
 - Dressing
 - Turnips

*** When ordering salads or Chicken Strips please SPECIFY dressing:**

Choose: Ranch, French, 1000 Island, Italian, Blue Cheese, Honey Mustard

EVERYDAY SPECIALS

- 2 Piece Chicken & Roll
- 3 Vegetable Plate & Roll
- 4 Vegetable Plate & Roll

FRUIT

- Large Fruit Salad
- Small Fruit Salad

COLD PLATES

- Grilled Chicken Salad*
- Chicken Salad Plate*
- Large Garden Salad*